



# CONCUSSION

## RESEARCH, KNOWLEDGE, DISSEMINATION & EDUCATION



### PURPOSE

The purpose is to create an academic health care partnership of the highest international standards and with a distinctive emphasis on the integration of subjects of key relevance within different perspectives of the scientific field of concussion. The aim is to accommodate the need for further knowledge, and to investigate mechanisms, symptomology, and consequences in daily life following a concussion as requested in the international and national guidelines.

### EXPECTED RESULTS

The collaboration expects knowledge to be gained in regard of experienced symptoms, mechanisms, and experienced consequences of concussion on daily living, as well as effects of the developed interventions. The results are expected to enclose both body functions, activities, participation, surroundings, and personal factors due to the bio-psycho-social framework which partners have in common in the DANCORC collaboration. Furthermore, the collaboration enables a better understanding of the pathophysiological and neurological changes in the human body, as well as the behavioral, social, and psychological changes and their possible consequences to the experienced life of individuals suffering from concussion and their relatives.

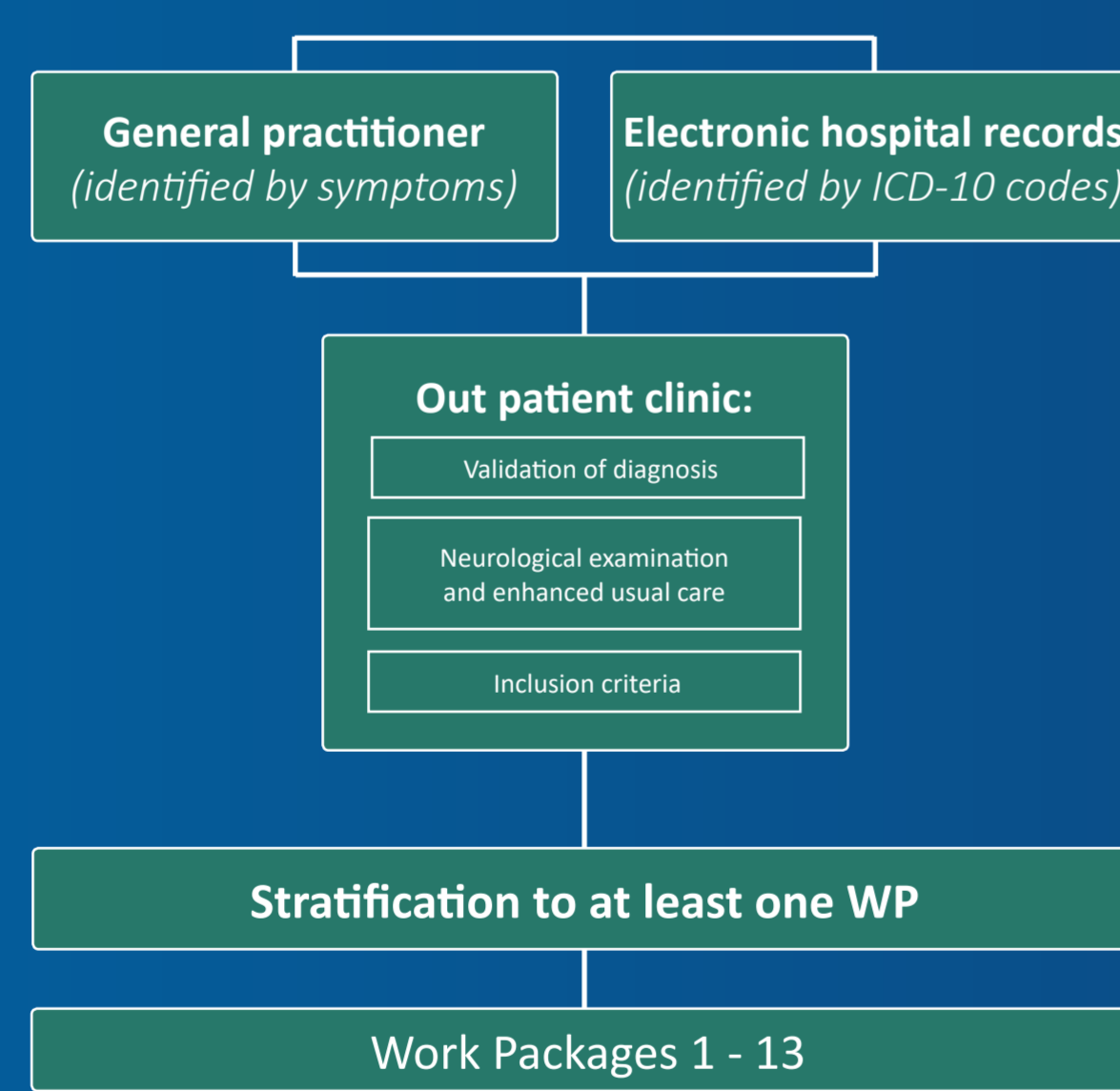


### MAIN RESEARCH AREAS

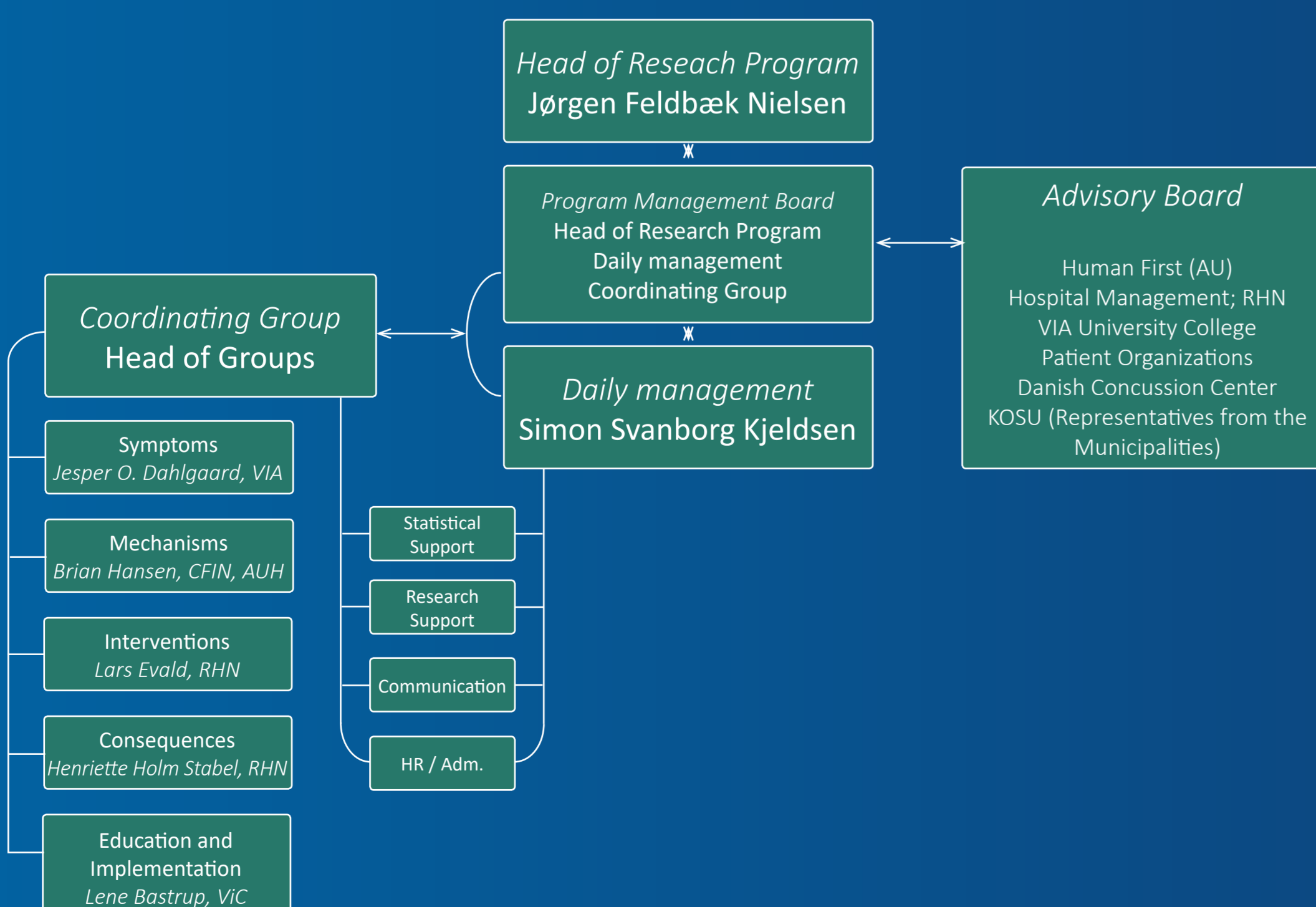


### OUT PATIENT CLINIC

Potential patients with mTBI; all medical contacts in the Central Denmark Region  
Patient flow



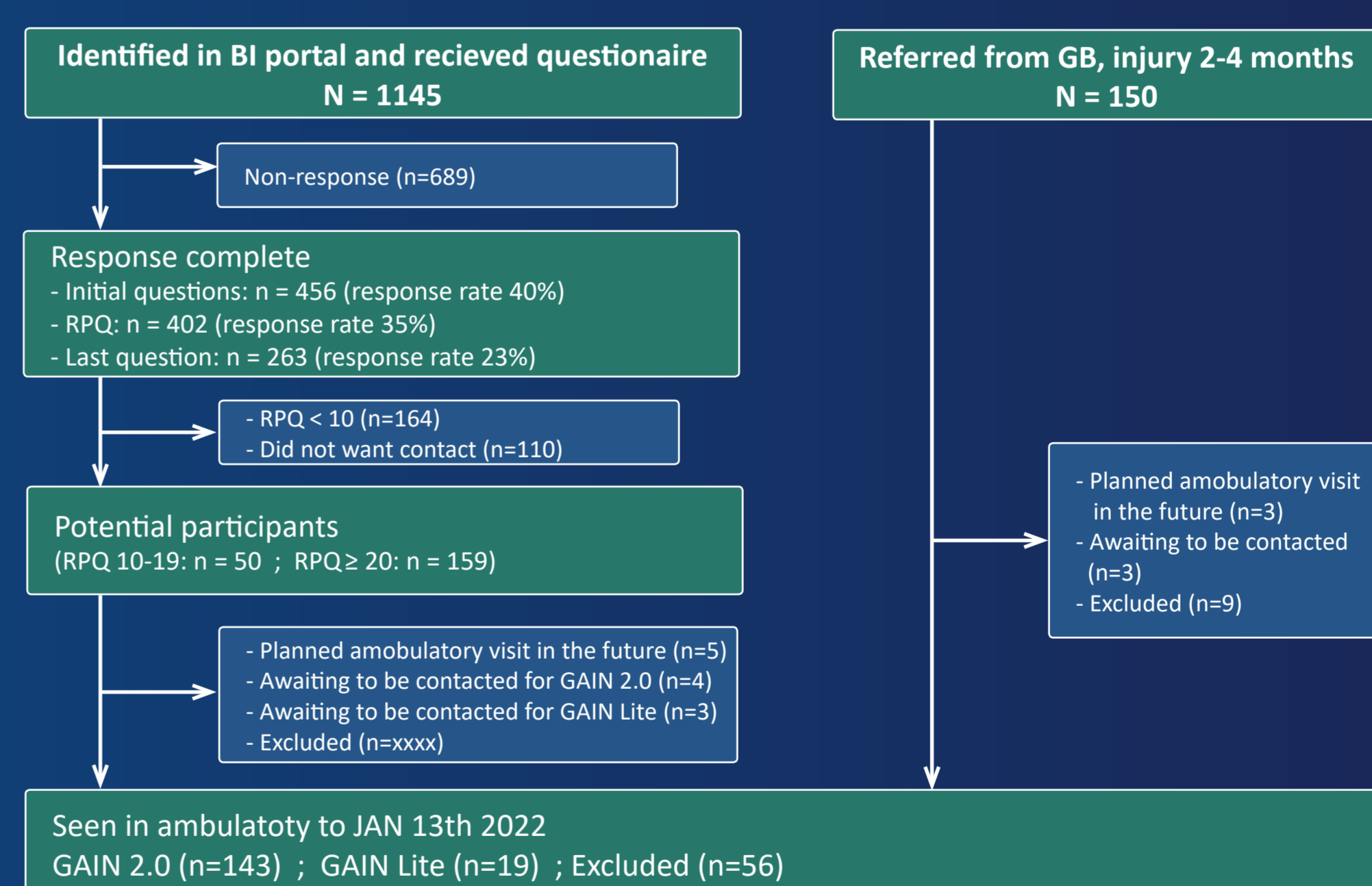
### GOVERNANCE



### PLANNED RESEARCH

Symptoms	Mechanisms	Interventions	Consequences	Education and implementation
<b>WP1</b> Post traumatic headache (PTH)  <i>Study 1:</i> Phenotyping of PTH <i>Study 2:</i> Intervention for PTH	<b>WP4</b> Preclinical MRI brain physiology validation  <i>Study 1:</i> Experimental mouse model of repetitive mTBI	<b>WP8</b> GAIN 2.0  <i>Study 1:</i> Effectiveness study of the intervention  <b>WP9</b> GAIN Lite  <i>Study 1:</i> Feasibility study <i>Study 2:</i> Effectiveness study	<b>WP12</b> Health-related quality of life:  <i>Study 1:</i> Impact on daily living <i>Study 2:</i> Impact of interventions in DANCORC	<b>WP13</b> Implementation, dissemination, evaluation:  <i>Study 1:</i> Implement and disseminate recommendations <i>Study 2:</i> Process evaluation of implementation of DANCORC interventions
<b>WP2</b> Fatigue  <i>Study 1:</i> Psycho-neuro-immunological mechanisms <i>Study 2:</i> Mindfulness-based cognitive therapy intervention	<b>WP5</b> Neurovascular changes  <i>Study 1:</i> Comparison of remitted vs chronic mTBI patients <i>Study 2:</i> Associations MRI biomarkers & symptoms <i>Study 3:</i> Association MRI & serum biomarkers	<b>WP10</b> Hypnotic and mindfulness suggestion intervention:  <i>Study 1:</i> Targeted hypnotic suggestion - vs non-targeted mindfulness suggestion - intervention		
<b>WP3</b> Sleep Disturbances (SD)  <i>Study 1:</i> Epidemiology of SD <i>Study 2:</i> Ear EEG sleep stage validation on mTBI population	<b>WP6</b> Mitochondrial metabolic consequences:  <i>Study 1:</i> Association in vivo mitochondrial phenotyping & stress/	<b>WP11</b> Return to work intervention:		

### STATUS PATIENT FLOW



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